

Dear Parents,

Thank you for registering your family for a fun week at camp! A camp experience is a tremendous chance for growth, fun, and family memories I hope everyone who attends Camp Lutherhoma grows in their faith, develops meaningful friendships, and experiences the beauty of God's Creation. We look forward to seeing you at camp!

In Christ,

John Busch, Camp Director

Before Your Week at Camp

- Read this information page including the Packing List.
- Pay any remaining balance before your camp session begins.
 You can pay your balance by logging in to your camp account, mailing a check, or bringing your balance to camp check-in.

Packing List:

- Bedding- If your family is staying in Pine or Aspen Retreat
 Cabins your bedding and bath towels will be provided. If you
 are staying in a summer bunk cabin each person needs to
 bring a pillow and bedding, either a sleeping bag or sheets
 and blankets. In the summer cabins all beds are twin bunk
 beds.
- Sets of durable, comfortable play clothes, nothing dressy.
 Include: shorts, T-shirts, swimsuits, a light jacket, plenty of underwear and socks.
- Close-toed shoes- In order to avoid injuries to the feet, we prefer that all campers wear close-toed shoes only.
- o Sandals- for walking to and from the pool or bathhouse.
- Toiletries including shampoo, body wash, deodorant, toothbrush, toothpaste, hair brush.
- o Pool towel and shower towel.
- Sunscreen and bug spray.
- o Bible- any translation is fine.
- If your family plans to spend time in the river please bring a pair of RIVER SHOES- A pair of well-fitting water shoes or an old pair of tennis shoes is recommended for playing in the river.
- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. We might ask campers to wear a t-shirt over their swimsuit.

Camp Lutherhoma Summer 2022 Information Sheet Summer Family Camp

lutherhoma@lutherhoma.com 918-458-0704

Medication, Insurance, and Health Form

Families will be responsible for their own regularly scheduled medication. Camp Staff will be available to assist with first aid if needed.

Each participant is expected to have medical insurance with his/her family to cover accidents and illnesses. This information should be documented on your Health Form. Please fill out all parts of the Health Form online. This form will be vital to us as we care for your family. No camper can be admitted to camp unless this form is completed.

Camp Check-In

Check in at 3:00pm on the day you arrive (unless you have made other arrangements with us). At check in you can pay any balance due, review health forms, and meet your family's host counselor. After you are checked in your family can move into your cabin and begin planning your camp experience!

During Your Time at Camp

Each family will be assigned a Host Counselor who will help coordinate your family's activities during your time at camp. You will have the opportunity to experience many fun camp activities including hikes, arts and crafts, swimming, archery, games, campfires, and more! Your family will even have the option to schedule a family float trip on the Illinois River!

We hope to help you create an experience that is just right for your family. Activities can be led by our staff or enjoyed on your own. We want your family to have the freedom to use your time as you desire.

Each day will also include Spiritual growth opportunities including First Word devotions, family Bible Studies, and campfire devotions led by the camp staff.

We hope you will join us for our Coffee House Variety Show on Wednesday night. Your family is welcome to create a fun skit or song to share with the rest of camp!

Family Camp Daily Schedule

7:40 am	First Word Devotion
8:00 am	Breakfast
9:30 am	Opening Worship
10:00 am	Bible Study
11:00 am	Activity Time
12:00 pm	Lunch
12:45 pm	FOB (Rest Time)
1:30-5:00 pm	Activity Times
2:30 pm	Canteen Snack
5:00 pm	Dinner
6:00 pm	Family Free Time
8:00 pm	Campfire

Special Events: Wednesday Night- Coffee House Variety Show